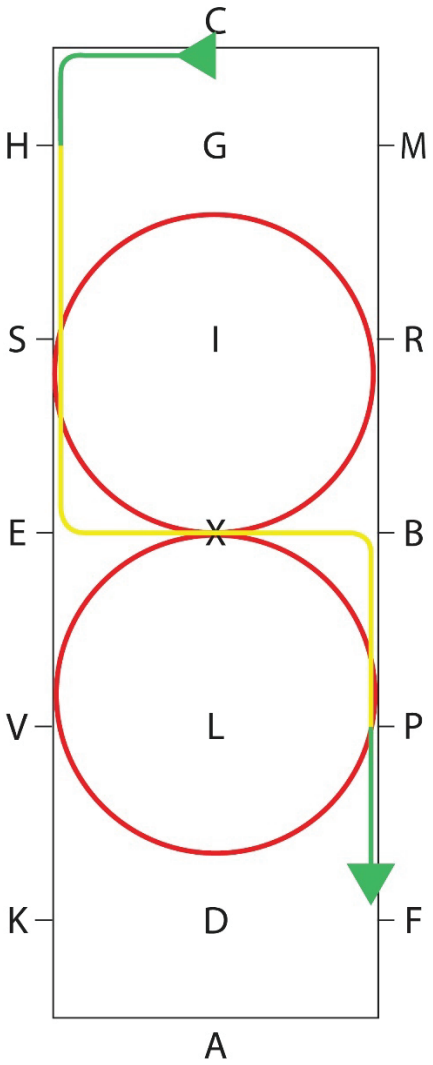
Dressage Seat Equitation Classes Patterns

(offered at USEF-licensed/USDF-recognized dressage competitions)

MEDIUM - *Approximate Ride Time: 0:42.*

All trot work may be ridden sitting or rising, unless stated by the judge.

Judging begins at C in medium walk, tracking left.	
C	Track left
H	Working trot.
E	Turn left.
X	Left lead canter. Canter 20m circle left
Crossing over X	Change of lead through trot. Canter 20m circle right.
Crossing over X	Working trot.
B	Turn right.
P	Walk. Leave arena in walk.



Green = Walk
Yellow = Trot
Red = Canter

Effective 12/1/2022 – 11/30/2026

REV 070224

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